

# SPECTRUM NURSES<sup>Inc</sup>

## PHYSICAL EXAM FORM

**To be completed by student:**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_  
Street City State Zip

E-mail address \_\_\_\_\_

Birthdate \_\_\_\_\_ Age \_\_\_\_\_

**Person to notify in case of emergency:**

Name \_\_\_\_\_

Phone# \_\_\_\_\_

Relationship \_\_\_\_\_

Primary Healthcare Provider \_\_\_\_\_

Phone# \_\_\_\_\_

Address \_\_\_\_\_

To Be Completed by M.D. or Advanced Healthcare Practitioner:

Immunizations:

Tdap: Date given: \_\_\_\_\_

Tuberculosis skin test:#1.Date given: \_\_\_\_\_ Signature: \_\_\_\_\_

(2-step Mantoux) Date read/reaction: \_\_\_\_\_ Signature: \_\_\_\_\_

#2.Date given: \_\_\_\_\_ Signature: \_\_\_\_\_

Date read/reaction: \_\_\_\_\_ Signature: \_\_\_\_\_

The second Mantoux test must be administered within 7-21 days of the first test, if the reaction to the initial test is negative. Reaction at test site should be read within 48-72 hours. **TB Time is not acceptable.** If a student has a recorded positive Mantoux, a chest x-ray is required. *Student may choose to have a Quantiferon Gold blood test in place of 2-step TB.*

Hepatitis B Vaccination (OPTIONAL) 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

PHYSICIAN: In the section below, denote whether area is within normal limits (WNL) or abnormal. Record details in the remarks section.

WNL

ABNORMAL

- \_\_\_\_\_ General Appearance
- \_\_\_\_\_ Eyes (Include lids, pupils, fundi, EOM)
- \_\_\_\_\_ Nose
- \_\_\_\_\_ Mouth
- \_\_\_\_\_ Throat (Include pharynx, tonsils)
- \_\_\_\_\_ Teeth and Gums
- \_\_\_\_\_ Neck (Include carotids and thyroid)
- \_\_\_\_\_ Lymph Nodes (cervical, axillary, inguinal, epitrochlear)
- \_\_\_\_\_ Chest and lungs
- \_\_\_\_\_ Heart (Size, rhythm, murmur, quality of tones, thrill)
- \_\_\_\_\_ Abdomen (appearance, liver, spleen, scars, mass, tenderness)
- \_\_\_\_\_ Hernia (umbilical, inguinal, femoral, incisional)
- \_\_\_\_\_ Extremities (Feet, edema, pulses, ROM, deformity)
- \_\_\_\_\_ Skin
- \_\_\_\_\_ Back (attention to list, pelvic, tilt, scoliosis, ROM)
- \_\_\_\_\_ Neurological (Include reflexes)

Explain any checks in the abnormal section. (Note asthma or diabetes)

**Student is able to participate in all aspects of the course (clinical included) without restrictions.**

Practitioner signature: \_\_\_\_\_ Date: \_\_\_\_\_

Practitioner name printed: \_\_\_\_\_

Street Address

City

State

Zip Code

Phone # \_\_\_\_\_

**SPECTRUM NURSES TRAINING  
481 W. BOUGHTON RD. #400  
BOLINGBROOK, IL 60440**

**PHYSICIAN'S STATEMENT OF SATISFACTORY HEALTH**

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**I hereby authorize my Physician to furnish Spectrum Nurses Training with the results of my physical and TB Results.**

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Dear Dr.**

**Please fill out this form stating that you have examined the above-mentioned individual and have found him/her to be good health and free from communicable diseases.**

**Date of Physicals:** \_\_\_\_\_

**Date of TB Skin Test:** \_\_\_\_\_

**Physician's Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_

**Address:** \_\_\_\_\_